Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR- Activity Room B- Bistro L-Lobby FR- Fitness Room WC- Willow Creek (Abbreviation Key	Memory Support ay 20)24	9:30am Chair Stretching 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Social Hour(B) 5:30pm Old Time TV May Day	2 9:00am Chair Tai Chi 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations	9:00am Chair Tai Chi310:30am Mass w/FatherJason(AR)Jason(AR)1:00pm Puzzles2:00pm Singalong w/Joanna(B)3:00p Cinco De Mayo HappyHour (B)4:00pm Activity Stations	9:00a Online Chair Exercise 4 10:00a Infused Water and Snacks 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner
9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games (AR) Cinco de Mayo	6 9:00am Morning Walk 9:30am Reminisce 10:00a Baking w/Manny 12:30pm Puzzle Time 1:30p Walmart Shopping 3:00p Cranium Crunches 4:00p Leisure Games	7 9:00am Chair Tai Chi 10:30 Flower Arrangements 1:15pm Bible Study w/ Evie 2:00p Bingo (AR) 3:00p Music w/ Rick Taylor	9:30am Chair Stretching 8 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 2:00p Cooking Demo (B) 3:00p Happy Hour (B) 5:30pm Old Time TV	9 9:00am Chair Tai Chi 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Demonstration Speaker from Garden of the Gods (AR) 3:00pm Trivia 4:00pm Activity Stations	9:00am Chair Tai Chi 10 10:30am Mass w/Father Jason 1:00pm Puzzles 2:30p Happy Hour(B) 3:00pm Music w/ Lone Wolf 4:00pm Activity Stations	9:00a Online Chair Exercise]] 10:00a Infused Water and Snacks 11:30a Lunch 1:30p Afternoon Movies 2:30p Mother's Day Tea Party w/ Music by Terry Stillwell 3:30p Activity Stations 4:30p Dinner
12 :00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games (AR) Mother's Day National Skilled Nursing Care Week	9:00am Morning Walk 13 9:30am Reminisce 10:00a A Trip to Nancy Lewis Park 12:30pm Puzzle Time 1:30p Walmart Shopping 3:00p Cranium Crunches 4:00p Leisure Games	9:00a Indoor/Outdoor 14 Walking 10:00a Crafts w/ Manny 1:30p Music w/ George(B) 2:00pm BINGO(AR) 5:00p Family Council Meeting (AR) 5:30pm Activity Stations	15 9:30am Chair Stretching 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Social Hour(B) 5:30pm Old Time TV	16 9:00am Chair Tai Chi 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations	9:00a Chair Exercise (WC) 10:30a Catholic Communion (AR) 1:30p Hymn Songs w/Gordon 3:00p Happy Hour (B) 3:30p Leisure Games (AR)	18 9:00a Online Chair Exercise 10:00a Infused Water and Snacks 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner Armed Forces Day
19 9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games (AR)	9:00am Morning Walk 20 9:30am Reminisce 10:00a Baking w/Manny 12:30pm Puzzle Time 1:30p Lunch and Fish Trip 3:00p Cranium Crunches 4:00p Leisure Games	9:00am Chair Tai Chi 21 10:00am Crafts w/ Manny 10:30a Flower Arrangements 11:00am Hand Massages 1:15p Bible Study w/ Evie 2:00pm BINGO 3:00p Music w/Skip	9:30am Chair Stretching 22 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 2:00p Cooking Demo (B) 3:00p Happy Hour (B) 5:30pm Old Time TV	9:00am Chair Tai Chi 23 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 1:30p Q & A w/ Talon the Building Operations Dir. 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations	24 9:00a Chair Exercise (WC) 10:30a Catholic Communion (AR) 1:30p Puzzling 2:00p Ken the Ventriloquist (B) 3:00p Happy Hour (B) 4:00p Activity Stations	25 9:00a Online Chair Exercise 10:00a Infused Water and Snacks 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner
9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games (AR)	9:00am Morning Walk 27 9:30am Reminisce 10:00a Baking w/Manny 12:30pm Puzzle Time 1:30p Scenic Drive 3:00p Cranium Crunches 4:00p Leisure Games Memorial Day	9:00am Chair Tai Chi 28 10:00am Crafts w/ Manny 11:00am Hand Massages 1:15p Bible Study w/ Evie 1:00p Food Forum w/Nick 1:30pm Puzzles 2:30pm BINGO 5:30pm Old Time TV	9:30am Chair Stretching 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Social Hour(B) 5:30pm Old Time TV	9:00am Chair Tai Chi 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations	31 9:00a Chair Exercise (WC) 10:30a Catholic Communion (AR) 1:30p Puzzling 3:00p Happy Hour (B) 4:00p Activity Stations	

All Activities are Subject to change due to weather or Health Regulations. If you have any concerns, please contact Manny Trujillo 719-377-6718 m.trujillo@sunnyvista.org