Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games	9:00am Morning Walk 2 9:30am Reminisce 10:00a Baking w/ Manny 11:30am Retreat Labor Day Luau w/ Rick Taylor @ 12:00p on the Patio 3:30p Cranium Crunches 4:00p Leisure Games	3 9:00am Chair Tai Chi 10:00a Bible Study w/ Evie (Bistro) 10:30 Flower Arrangements 2:00p Bingo (AR) 3:00p Activity Stations	4 9:30am Chair Stretching 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Happy Hour (B) 5:30pm Old Time TV	5 9:00am Chair Tai Chi 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations	9:00am Chair Tai Chi 6 10:30am Catholic Mass and Communion (AR) 1:00pm Puzzles 2:00pm Singalong w/ Joanna(B) 3:00p Happy Hour 4:00pm Activity Stations	 9:00a Online Chair Exercise 7 10:00a Infused Water and Snacks in Courtyard 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner
9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games Grandparents Day	9:00am Morning Walk 9:30am Reminisce 11:30am Fishing/Picnic Trip @ Prospect Lake 12:30pm Puzzle Time 2:30p Return from Trip	9:00a Indoor/Outdoor 10 Walking 10:00a Bible Study w/Evie 10:00a Crafts w/ Manny 1:30p Music w/ George(B) 2:30pm BINGO(AR) 5:00p Family Council Meeting Assited Living Week	9:30am Chair Stretching 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 2:00p Cooking Demo (B) 3:00p Happy Hour (B) 5:30pm Old Time TV Assisted Living Week	12 9:00am Chair Tai Chi 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations Assisted Living Week	9:00am Chair Tai Chi 13 10:30am Catholic Mass & Communion 1:00pm Puzzles 2:30p Happy Hour(B) 3:00pm Music w/ Lone Wolf (Bistro) 4:00pm Activity Stations Assisted Living Week	 9:00a Online Chair Exercise] 4 10:00a Infused Water and Snacks in Courtyard 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner
9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games	 9:00am Morning Walk 16 9:30am Reminisce 11:30a Lunch @ Fargos 12:30pm Puzzle Time 2:00p Return from Fargos 3:30p National Park Docuseries 4:00p Leisure Games 	9:00am Chair Tai Chi 17 10:00am Crafts w/ Manny 10:00a Bible Study w/Evie 10:30a Arrange Flowers 11:00am Hand Massages 1:00p Food Forum 2:00pm BINGO	18 9:30am Chair Stretching 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Happy Hour (B) 5:30pm Old Time TV	9:00am Chair Tai Chi 19 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations	20 9:00a Chair Exercise (WC) 10:30a Catholic Communion & Mass (AR) 1:30p Hymn Songs w/Gordon 3:00p Happy Hour (B) 3:30p Leisure Games (AR)	9:00a Online Chair Exercise 21 10:00a Infused Water and Snacks in Courtyard 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner
9:00a Devotional 22 Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games Autumn Begins	 9:00am Morning Walk 23 9:30am Reminisce 12:30pm Puzzle Time 1:00p Shopping @ Target 3:30p Cranium Crunches 4:00p Leisure Games 	9:00am Chair Tai Chi 24 10:00am Crafts w/ Manny 10:00a Bible Stud w/ Evie 11:00am Hand Massages 1:00p Food Forum w/Nick 1:30pm Puzzles 1:30p Flamingo Bingo (SVLC) 5:30pm Old Time TV	25 9:30am Chair Stretching 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 2:00p Cooking Demo (B) 3:00p Happy Hour (B) 5:30pm Old Time TV	9:00am Chair Tai Chi 26 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations	9:00a Chair Exercise (WC27 10:30a Catholic Communion & Mass (AR) 1:30p Puzzling 2:00p Ken the Ventriloquist (B) 3:00p Happy Hour (B) 4:00p Activity Stations	 9:00a Online Chair Exercise28 10:00a Infused Water and Snacks in Courtyard 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner
Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games	9:30am Reminisce 10:00a Baking w/ Manny 12:30pm Puzzle Time <mark>1:30p Scenic Drive</mark> 3:30p Cranium Crunches 4:00p Leisure Games		Septe	mbe	-	24
The Retreat at Sunny Vista 2450 E Cache La Poudre 719-377-6718 All Activities are subject to change due to weather or Health Regulations. If you have any questions Contact Manny Trujillo 719-377-6718 m.trujillo@sunnyvista.org						