

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

Memory Support

		<p>9:00am Chair Tai Chi 1 10:00a Bible Study w/ Evie (Bistro) 2:00p Bingo (AR) 3:00p Music w/ Rick Taylor 3:00p Activity Stations</p>	<p>9:00a Indoor/Outdoor Walking 2 10:00a Reminisce 11:00a Reading Corner 1:00p Crafts 3:00p Social/Happy Hour 5:30p Old Time TV</p> <p>Rosh Hashanah Begins</p>	<p>9:00am Chair Tai Chi 3 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations</p>	<p>9:00am Chair Tai Chi 4 10:30am Catholic Mass and Communion (AR) 1:00pm Puzzles 2:00pm Singalong w/ Joanna(B) 3:00p Happy Hour 4:00pm Activity Stations</p>	<p>9:00a Online Chair Exercise 5 10:00a Infused Water and Snacks in Courtyard 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner</p>
<p>9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games</p>	<p>9:00am Morning Walk 7 9:30am Reminisce 10:00a Baking w/ Manny 11:30p Fishing/Picnic 3:30p Cranium Crunches 2:00p Return from Trip 4:00p Leisure Games</p>	<p>9:00a Chair Thai Chi 8 10:00a Bible Study w/Evie 11:00a Flower Arranging 11:30a Lunch 1:30p Music w/ George(B) 2:30pm BINGO(AR)</p>	<p>9:30am Chair Stretching 9 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 2:00p Cooking Demo (B) 3:00p Happy Hour (B) 5:30pm Old Time TV</p>	<p>9:00am Chair Tai Chi 10 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations</p>	<p>9:00am Chair Tai Chi 11 10:30am Catholic Communion 1:00pm Puzzles 2:30p Happy Hour(B) 3:00pm Music w/ Lone Wolf (Bistro) 4:00pm Activity Stations</p> <p>Yom Kippur Begins</p>	<p>9:00a Online Chair Exercise 12 10:00a Infused Water and Snacks in Courtyard 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner</p>
<p>9:00a Devotional Readings (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games</p>	<p>9:00am Morning Walk 14 9:30am Reminisce 10:00a Baking w/ Manny 12:30pm Puzzle Time 1:00p Garden of Gods Drive 3:30p Cranium Crunches (AR)</p> <p>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</p>	<p>9:00a Chair Thai Chi 15 10:00a Bible Study w/ Evie 11:30a Lunch @ Olive Garden 2:00p Return from Lunch out 3:00p Bingo (AR) 4:00p Leisure Games (AR)</p>	<p>9:30am Chair Stretching 16 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Happy Hour (B) 5:30pm Old Time TV</p> <p>Sukkot Begins</p>	<p>9:00am Chair Tai Chi 17 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations</p>	<p>9:00a Chair Exercise (WC) 18 10:30a Catholic Communion & Mass (AR) 1:30p Hymn Songs w/Gordon 3:00p Happy Hour (B) 3:30p Leisure Games (AR)</p>	<p>9:00a Online Chair Exercise 19 10:00a Infused Water and Snacks in Courtyard 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner</p>
<p>9:00a Devotional Readings (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games</p>	<p>9:00am Morning Walk 21 9:30am Reminisce 11:30a Lunch @ Western Omelet 12:30pm Puzzle Time 2:00p Return from Western Omelet 4:00p Leisure Games</p>	<p>9:00a Indoor/Outdoor Walking 22 10:00a Bible Study w/ Evie 11:00a Flower Arranging 1:00p Food Forum w/ Nick and Guest Registered Dietician from Duet 1:30p Boo Bingo @SVLC</p>	<p>9:30am Chair Stretching 23 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 2:00p Cooking Demo (B) 3:00p Happy Hour (B) 5:30pm Old Time TV</p>	<p>9:00am Chair Tai Chi 24 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Bingo (AR) 3:00pm Trivia 4:00pm Activity Stations</p> <p>Simchat Torah Begins</p>	<p>9:00a Chair Exercise (WC) 25 10a-12p Flu Clinic 10:30a Catholic Communion(AR) 1:30p Puzzling 2:00p Ken the Ventriloquist (B) 3:00p Happy Hour (B) 4:00p Activity Stations</p>	<p>9:00a Online Chair Exercise 26 10:00a Infused Water and Snacks in Courtyard 11:30a Lunch 1:30p Afternoon Movies 2:30p Infused Water and Snacks 3:30p Activity Stations 4:30p Dinner</p>
<p>9:00a Devotional Readings (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games</p>	<p>9:00am Morning Walk 28 9:30am Reminisce 12:30pm Puzzle Time 1:00p Shopping @ Arc 3:00p Music w/ Felix 4:00p Leisure Games</p>	<p>9:00am Chair Tai Chi 29 10:00am Crafts w/ Manny 10:00a Bible Study w/Evie 11:00am Hand Massages 2:00pm BINGO</p>	<p>9:30am Chair Stretching 30 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Happy Hour (B) 5:30pm Old Time TV</p>	<p>9:00am Chair Tai Chi 31 10:00am Baking w/ Manny 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Costume Contest and Monster B-day Bash!! 3:00pm Trivia 4:00pm Activity Stations</p> <p>Halloween</p>	<p>B- Bistro AR-Activity Room FR-Fitness Room WC- Willow Creek L-Lobby SVLC- Sunny Vista Living Center</p>	