Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:30a Online Chair Exercise February 2025 10:30a Snack DuJour 11:30a Lunch 1:30p Afternoon Movies 2:30p Social Hour/Music 3:00p Crafting/Puzzles **6:00p Activity Stations Memory** 3 9:00am Walking 9:00am Morning Walk 9:00am Chair Tai Chi 9:00a Devotional Readings2 4 9:30am Chair Stretching 6 9:00am Indoor Walking 9:30a Online Chair Exercise Indoor/Outdoor 10:00am Baking w/ Manny 10:00am Reminisce 10:30am Catholic 10:00a Gospel Hymns 9:30am Reminisce 10:30a Snack DuJour 9:30a Chair Exercise 11:30am Gratitude Moment Communion (AR) (WC) 10:00a Baking w/ Manny 12:30pm Reading Corner 11:30a Lunch 10:00a Bible Study w/ Evie 1:00pm Puzzles 10:30a Virtual Mass (L) 12:30pm Puzzle Time 1:00pm Crafts 1:00pm Puzzles 1:30p Afternoon Movies (Willow Creek) 2:00p Bingo (AR) 3:00p Happy Hour/Social 2:00pm Singalong w/ 2:00p Bingo (WC) 2:00p Music w/Amanda 2:30p Social Hour/Music 3:00pm Trivia 2:00p Bingo (AR) 1:00p Bus trip to Park Joanna(B) 3:00p Leisure Games 3:00p Crafting/Puzzles 3:00p Music w/ Rick Taylor 4:00pm Activity Stations 6:00p Crafting w/ Care staff 5:30pm Old Time TV 6:00p Reminiscing w/ 4:00pm Activity Stations 6:00p Evening Stroll w/ Staff 6:00p Chair Stretches w/ **6:00p Activity Stations** 6:00p Soundscapes w/ Staff Staff staff **Groundhog Day** 9:00am Morning Walk 9:00a Indoor Walking 9:00a Devotional Readings 11 9:30am Chair Stretching 12 9:00am Chair Tai Chi 13 9:30a Online Chair Exercise 9:00a Chair Thai Chi 10:30am Catholic Communion 10:00am Reminisce 10:00am Baking w/ Manny 10:00a Gospel Hymns 9:30am Reminisce 10:00a Bible Study w/Evie 1:00p Valentine Candy Bar (L) 10:30a Snack DuJour 11:30am Gratitude Moment 12:30pm Reading Corner (WC) 10:00a Baking w/ Manny 11:00a Flower Arranging 2:00p Happy Hour 11:30a Lunch 1:00pm Puzzles 1:30pm Walmart Shopping 1:00pm Crafts 10:30a Virtual Mass (L) 3:00pm Music w/ Lone Wolf 1:30p Music w/ George(B) 1:30p Afternoon Movies 2:00p Bingo (AR) 3:30p Cranium Crunches 2:00p Cooking Demo (B) 2:00p Bingo (WC) (Bistro) 2:30pm BINGO(AR) 2:30p Social Hour/Music 3:00pm Trivia 6:00p Crafting w/ Care 3:00p Happy Hour (B) 3:00p Leisure Games 4:00pm Activity Stations 6:00p Evening Stroll 3:00p Crafting/Puzzles 4:00pm Activity Stations 6:00p Soundscapes w/ staff 6:00p Reminiscing w/ 5:30pm Old Time TV staff 6:00p Chair Stretches w/ w/Staff **6:00p Activity Stations** Staff Staff Tu B'Shevat Begins Valentine's Day 9:00a Devotional Readings 9:00a Indoor/Outdoor 20 9:00a Indoor Walking (WQ) 9:30a Online Chair Exercise 9:00a Morning Walk 18 9:30am Chair Stretching 19 9:00am Chair Tai Chi 9:30a Chair Exercise Walking 10:00am Reminisce 10:00am Baking w/ Manny 10:30a Catholic 10:00a Gospel Hymns 10:30a Snack DuJour 9:30a Chair Exercise 11:30am Gratitude Moment (WC) 10:30a Coffee & Chronicles 12:30pm Reading Corner Communion (AR) 11:30a Lunch 10:00a Bible Study w/ Evie 1:00pm Puzzles 10:30a Virtual Mass (L) 11:00p Lunch out @ Fargos 1:00pm Crafts 1:30p Hymn Songs w/ 1:30p Afternoon Movies 2:00p Bingo (Bistro) **2:00p Bingo (AR)** 3:00p Happy Hour/Social Gordon 2:00p Bingo (WC) Pizza

2:30p Social Hour/Music 3:00p Music w/Skip Moore 3:00pm Trivia 3:30p Cranium Crunches 3:00p Happy Hour (AR) 3:00p Leisure Games (B) 3:00p Crafting/Puzzles (AR) 4:00pm Activity Stations 6:00p Reminiscing w/ 6:00p Crafting w/ Care 5:30pm Old Time TV **4:00p Activity Stations** 6:00p Evening Stroll w/ Staff 6:00p Chair Stretches w/ **6:00p Activity Stations** 6:00p Soundscapes w/ Staff Staff Staff **Staff** Presidents' Day (U.S.) 9:00a Devotional Readings 25 9:30am Chair Stretching 26 9:00a Indoor Walking (WC) 28 9:00a Morning Walk 24 9:00a Indoor/Outdoor 9:00am Chair Tai Chi 10:30a Catholic Communion 10:00a Gospel Hymns 10:00am Baking w/ Manny 9:30a Chair Exercise **Walking** 10:00am Reminisce 11:30am Gratitude Moment (AR) (WC) 10:30a Baking w/ Manny 10:00a Bible Study w/ Evie 12:30pm Reading Corner 1:00pm Puzzles 1:00p Puzzles 1:00p Food Forum w/ Nick 1:00pm Crafts 10:30a Virtual Mass (L) 1:30p Scenic Drive 2:00p Bingo (AR) 2:00p Ken the Ventriloquist 3:30p Music w/ Felix 2:00p Bingo 2:00p Cooking Demo (B) 2:00p Bingo (WC) 3:00pm Trivia 2:30p Celebrate Birthdays 3:00p Happy Hour (B) 6:00p Crafting w/ Care 3:00p Cranium Crunches 3:00p Leisure Games 3:00p Happy Hour (B) 4:00pm Activity Stations 5:30pm Old Time TV 6:00p Reminiscing w/ **Staff** 6:00p Evening Stroll 6:00p Chair Stretches w/ 6:00p Soundscapes w/ Staff Staff w/Staff Staff Ramadan Begins The Retreat at Sunny Vista