Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:30a Online Chair Exercise March 2025 10:30a Snack DuJour 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles **6:00p Activity Stations** 9:00am Morning Walk 5 9:00am Chair Tai Chi 6 9:00am Indoor Walking 9:30am Chair Stretching 9:00am Walking Indoor/Outdoor 9:00a Devotional Readings 9:30a Online Chair Exercise 10:30am Catholic Communion 9:30am Reminisce 10:00am Reminisce 10:00am Baking w/ Manny 9:30a Chair Exercise 10:00a Gospel Hymns (WC) 10:30a Snack DuJour (AR) 10:00a Baking w/ Manny 11:30am Gratitude Moment 12:30pm Reading Corner 10:00a Bible Study w/ Evie 1:00pm Puzzles 10:30a Virtual Mass (L) 11:30a Lunch 12:30pm Puzzle Time 1:00pm Crafts 1:00pm Puzzles 2:00p Fat Tuesday Party 2:00pm Singalong w/ Joanna(B) 2:00p Bingo (WC) 1:30p Afternoon Movies 1:00p Walmart Shopping Trip 3:00p Happy Hour/Social (B) 2:00p Bingo (AR) 3:00p Music w/ Rick Taylor 4:00pm Activity Stations 3:00p Leisure Games 3:00p Crafting/Puzzles 2:00p Music w/Amanda 5:30pm Old Time TV 3:00pm Trivia 6:00p Evening Stroll w/ Staff 6:00p Soundscapes w/ care 6:00p Reminiscing w/Care **6:00p Activity Stations** 6:00p Crafting w/ Care staff 4:00pm Activity Stations staff staff 6:00p Chair Stretches w/ care Mardi Gras 10 9:00a Chair Thai Chi 9:00am Chair Tai Chi 9:30a Online Chair Exercise 15 9:00a Devotional Readings 9 11 9:30am Chair Stretching 13 9:00a Indoor Walking 9:00am Morning Walk 14 10:00am Baking w/ Manny 10:00a Gospel Hymns (WC) 10:00a Bible Study w/Evie 10:00am Reminisce 10:30am Catholic 9:30am Reminisce 11:30am Gratitude Moment 10:30a Snack DuJour 10:30a Virtual Mass (L) 11:00a Flower Arranging 12:30pm Reading Corner Communion 10:00a Baking w/ Manny 1:00pm Puzzles 11:30a Lunch 1:30p Music w/ George(B) 2:00p Bingo (WC) 1:30pm Bowling & Drinks 1:00pm Crafts 2:00p Happy Hour 2:00p Bingo (AR) 1:30p Afternoon Movies 3:00p Leisure Games 2:30pm BINGO(AR) 3:00p Happy Hour/Social (B) 3:00pm Music w/ Lone Wolf 3:30p Activity Stations 3:00pm Trivia 3:00p Crafting/Puzzles 5:30pm Old Time TV 6:00p Reminiscing w/Care 6:00p Evening Stroll w/care (Bistro) 6:00p Crafting w/ Care 4:00pm Activity Stations **6:00p Activity Stations** staff 4:00pm Activity Stations 6:00p Chair Stretches w/ care staff 6:00p Soundscapes w/ staff **Daylight Saving Time Begins** 4:00p Family Council **Purim Begins** 9:30a Online Chair Exercise 9:00a Indoor Walking (WC) 21 9:00a Devotional Readings 16 18 9:30am Chair Stretching 9:00am Chair Tai Chi 9:00a Morning Walk 17 9:00a Indoor/Outdoor 10:00am Baking w/ Manny 9:30a Chair Exercise Walking 10:00am Reminisce 10:00a Gospel Hymns (WC) 11:30am Gratitude Moment 10:30a Catholic Communion 10:30a Snack DuJour 10:30a Baking w/ Manny 9:30a Chair Exercise 12:30pm Reading Corner 1:00pm Puzzles 10:30a Virtual Mass (L) (AR) 11:30a Lunch 11:30a St. Patty's Lunch 10:00a Bible Study w/ Evie 1:00pm Crafts 2:00p Bingo (AR) 1:30p Hymn Songs w/ Gordon 1:30p Afternoon Movies 2:00p Bingo (WC) 1:30p Scenic Drive 2:00p Bingo (Bistro) 3:00p Happy Hour/Social (B) 3:00pm Trivia 3:00p Leisure Games 3:00p Happy Hour (AR) 3:00p Crafting/Puzzles 3:30p Cranium Crunches 3:00p Music w/Skip Moore 5:30pm Old Time TV 4:00pm Activity Stations 6:00p Reminiscing w/Care 4:00p Activity Stations **6:00p Activity Stations** 6:00p Crafting w/ Care staff (AR) 6:00p Chair Stretches w/ care staff 6:00p Soundscapes w/ Staff 6:00p Evening Stroll w/ Staff St. Patrick's Day **Spring Begins** 9:30a Online Chair Exercise 9:00a Devotional Readings 23 25 9:30am Chair Stretching 9:00a Indoor Walking (WC) 28 9:00a Morning Walk 24 9:00a Indoor/Outdoor 26 9:00am Chair Tai Chi 9:30a Chair Exercise **Walking** 10:00am Reminisce 10:00am Baking w/ Manny 10:00a Gospel Hymns (WC) 10:30a Catholic Communion 10:30a Snack DuJour 10:00a Bible Study w/ Evie 10:30a Coffee & Chronicles 12:30pm Reading Corner 11:30am Gratitude Moment 10:30a Virtual Mass (L) (AR) 11:30a Lunch 1:00p Food Forum w/ Nick 1:30p Lunch out at Kings 1:00pm Crafts 1:00pm Puzzles 2:00p Bingo (WC) 1:00p Puzzles 1:30p Afternoon Movies **Buffet** 2:00p Mardi Gras Bingo @ 3:00p Happy Hour/Social (B) 2:00p Bingo (AR) 3:00p Crafting/Puzzles 3:00p Leisure Games 2:00p Ken the Ventriloquist **SVLC** 5:30pm Old Time TV 3:00pm Trivia 3:30p Music w/ Felix 6:00p Reminiscing w/Care **6:00p Activity Stations** 3:00p Happy Hour (B) 6:00p Crafting w/ Care 3:00p Cranium Crunches 4:00pm Activity Stations 6:00p Soundscapes w/ Staff staff 6:00p Chair Stretches w/ care 6:00p Evening Stroll w/ staff 31 March 3rd-7th Employee Appreciation week- We have the best staff at the Retreat, and we will be giving thanks to our team all week 9:00a Devotional Readings 9:00a Morning Walk 9:30a Chair Exercise 10:00a Gospel Hymns (WC) 10:30a Baking w/ Manny 10:30a Virtual Mass (L) 1:30p A bus trip to the park 2:00p Bingo (WC) 2:30p Celebrate Birthdays 3:00p Leisure Games 3:30p Cranium Crunches 6:00p Reminiscing w/Care 6:00p Crafting w/ Care staff staff