Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Mem		2025	9:00am Chair Tai Chi 1 10:30am Morning Bingo (B) 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Baking w/Manny 3:00pm Trivia 4:00pm Activity Stations 6:00p Chair Stretches w/ care May Day	9:00am Indoor Walking210:30am Catholic2Communion (AR)1:00pm Puzzles3:00p Music w/ Dinks in2Courtyard4:00pm Activity Stations6:00p Soundscapes w/ care	9:30a Online Chair Exercise 10:30a Baking in Bistro 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations
9:00a Devotional Readings4 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games 6:00p Reminiscing w/Care Staff	9:00am Morning Walk 5 9:30am Reminisce 10:00a Baking w/ Manny 11:00a Lunch Buffet 2:00p Cinco De Mayo Party 2:00p Music w/Amanda 6:00p Crafting w/ CareStaff	6 9:00a Chair Thai Chi 10:00a Bible Study w/Evie 1:00p Flower Arranging 2:30pm BINGO(AR) 3:00p Music w/ Rick Taylor 6:00p Evening Stroll w/CareStaff	7 9:30am Chair Stretching 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Happy Hour/Social (B) 5:30pm Old Time TV		9:00a Indoor Walking 9 10:30am Catholic Communion 2:00p Happy Hour 3:00pm Music w/ Lone Wolf (Bistro) 4:00pm Activity Stations 6:00p Soundscapes w/ staff	9:30a Online Chair Exercise 10:30a Baking in Bistro 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations
9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games 6:00p Reminiscing w/Care Staff Mother's Day National Skilled Nursing Care Week	9:00am Morning Walk 9:30am Reminisce 10:30a Baking w/ Manny 1:30pm Walmart Shopping 3:30p Activity Stations 6:00p Crafting w/ Care	13 9:00a Chair Thai Chi 10:00a Bible Study w/Evie 1:30p Music w/ George(B) 2:30pm BINGO(AR) 4:00p Family Council 6:00p Evening Stroll w/care	9:30am Chair Stretching 14 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Happy Hour/Social (B) 5:30pm Old Time TV	9:00am Chair Tai Chi 15 10:30am Morning Bingo (B) 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Baking w/Manny 3:00pm Trivia 4:00pm Activity Stations 6:00p Chair Stretches w/ care	9:00a Indoor Walking (WC) 16 10:30a Catholic Communion (AR) 1:30p Hymn Songs w/ Gordon 3:00p Happy Hour (AR) 4:00p Activity Stations 6:00p Soundscapes w/ Staff	9:30a Online Chair Exercise 10:30a Baking in Bistro 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations
18 9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games 6:00p Reminiscing w/Care Staff	19 9:00a Morning Walk 9a-3p Cripple Creek for the Day 9:30a Chair Exercise 10:30a Baking w/ Staff 3:30p Music in the Courtyard 6:00p Crafting w/ Care Victoria Day (Canada)	9:00a Indoor/Outdoor20Walking9:30a Chair Exercise10:00a Bible Study w/ Evie11:00a Flower Arranging2:00p Bingo (Bistro)3:00p Music w/Skip Moore(AR)6:00p Evening Stroll w/ Staff	9:30am Chair Stretching 21 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Happy Hour/Social (B) 5:30pm Old Time TV	9:00am Chair Tai Chi 22 10:30am Lunch and a Trip to Bingo World 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Baking w/Manny 3:00pm Trivia 4:00pm Activity Stations 6:00p Chair Stretches w/ care	9:00a Indoor Walking (WC) 23 10:30a Catholic Communion (AR) 1:00p Puzzles 2:00p Ken the Ventriloquist 3:00p Happy Hour (B) 6:00p Soundscapes w/ Staff	9:30a Online Chair Exercise 10:30a Baking in Bistro 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations
9:00a Devotional Readings 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (L) 2:00p Bingo (WC) 3:00p Leisure Games 6:00p Reminiscing w/Care Staff	9:00a Morning Walk 26 9:30a Chair Exercise 10:30a Coffee & Chronicles 11:30p Lunch @ Perkins 3:30p Music w/ Felix 6:00p Crafting w/ Care	9:00a Indoor/Outdoor Walking 10:00a Bible Study w/ Evie 1:00p Food Forum w/ Nick 3:00p Cranium Crunches 6:00p Evening Stroll w/ staff	9:30am Chair Stretching 28 10:00am Reminisce 12:30pm Reading Corner 1:00pm Crafts 3:00p Happy Hour/Social (B) 5:30pm Old Time TV	10:30am Morning Bingo (B) 11:30am Gratitude Moment 1:00pm Puzzles 2:00p Baking w/Manny 3:00pm Trivia 4:00pm Activity Stations 6:00p Chair Stretches w/ care	9:00a Indoor Walking (WC) 30 10:30a Catholic Communion (AR) 1:00p Puzzles 3:00p Happy Hour (B) 6:00p Soundscapes w/ Staff	9:30a Online Chair Exercise 10:30a Baking in Bistro 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations

Retreat at Sunny Vista 2450 E Cache La Poudre 719-377-6718

All Activities are subject to change due to weather or Health Regulations. If you have any concerns, contact Manuel Trujillo @ 719-377-6718 m.trujillo@sunnyvista.org