Friday Sunday Monday Tuesday Wednesday Thursday Saturday 9:30p Rocky Mt. Church November 2025 Service 9:30p Chair Exercise **11:30a** Lunch **1:30p** Afternoon Movies 3:00p Crafting/Puzzles **6:00p** Activity Stations Mamory Support

			Memory	Support		. ,	
9:00a Devotional Readings 2 (WC) 10:00a Gospel Hymns (WC) 10:30a Virtual Mass(WC) 2:00p Bingo (WC) 3:00p Activity Stations (WC) 6:00p Reminiscing w/Care Daylight Saving Time Ends	9:00a Morning Walk (WC) 3 9:30a Reminisce w/ Manny (WC) 10:30a Guys and Coffee (B) 10:30a Bistro Baking (WC) 1:30p Walmart Shopping 2:00p Music w/ Amanda (WC) 6:00p Crafting w/ Care Staff	9:00a Chair Thai Chi 4 9:30a Reminiscing w/ Manny 10:00a Bible Study w/Evie(WC) 11:00 Flower Arranging 2:30p BINGO(AR) 3:00p Music w/ Rick Taylor(L) 6:00p Evening Stroll w/ Care	9:30a Chair Stretching 5 10:00a Reminisce 10:30a Catholic Communion 12:30p Reading Corner 3:30p Happy Hour/Social (B) 5:30pm Evening Movie	9:00a Chair Tai Chi 10:30a Morning Bingo (AR) 11:30a Gratitude Moment 1:00p Puzzles 2:00p Baking w/Manny 3:00p Trivia 4:00p Activity Stations 6:00p Chair Stretches w/ care	9:00a Indoor Walking 7 9:30a Chair Exercise (AR) 1:00p Puzzles 3:00p Happy/Social Hour w/ Melody the Magnificent(L) 4:00p Activity Stations 6:00p Soundscapes w/staff	9:30p Rocky Mt. Church Service 9:30p Chair Exercise 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations	8
9:00a Devotional Readings 9 (WC) 10:00a Gospel Hymns (WC) 10:30a Rosary Prayer Team 2:00p Bingo (WC) 3:00p Activity Stations (WC) 6:00p Reminiscing w/Care	9:00a Morning Walk (WC) 10 9:30a Reminisce w/ Manny (WC) 10:30a Guys and Coffee (B) 11:00p Lunch @ Golden Coral 2:00p Alzheimer's Support (AR) 3:00p Cranium Crunches (AR) 6:00p Crafting w/ Care Staff	9:00a Chair Thai Chi 9:30a Reminiscing w/ Manny 10:00aVeteran Tribute (L) 1:30p Music w/ George (L) 3:00p BINGO(AR) 6:00p Evening Stroll w/ Care Veterans Day Remembrance Day (Canada)	9:30a Chair Stretching 12 10:00a Reminisce 10:30a Catholic Communion 12:30p Reading Corner 3:30p Happy Hour/Social (B) 5:30pm Evening Movie	•	9:00a Indoor Walking 14 9:30a Chair Exercise (AR) 2:00p Happy Hour 3:00p Music w/ Lone Wolf (Bistro) 4:00p Activity Stations 6:00p Soundscapes w/ staff	9:30p Rocky Mt. Church Service 9:30p Chair Exercise 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations	15
9:00a Devotional Readings 16 (WC) 10:00a Gospel Hymns (WC) 10:30a Virtual Mass(WC) 2:00p Bingo (WC) 3:00p Activity Stations (WC) 6:00p Reminiscing w/Care	9:00a Morning Walk (WC) 17 9:30a Reminisce w/ Manny (WC) 10:30a Guys and Coffee (B) 1:30p Trip to Old Colorado City 4:00p Family Alzheimer's Support Group (AR) 6:00p Crafting w/ Care Staff	9:00a Chair Thai Chi 18 9:30a Reminiscing w/ Manny 10:00a Bible Study w/Evie(WC) 11:00a Flower Arranging 2:00p BINGO(AR) 3:00p Music w/ Skip (L) 6:00p Evening Stroll w/ Care	9:30a Chair Stretching 19 10:00a Reminisce 10:30a Catholic Communion 12:30p Reading Corner 3:30p Happy Hour/Social (B) 5:30pm Evening Movie	9:00a Chair Tai Chi 20 10:30a Morning Bingo (AR) 11:30a Gratitude Moment 1:00p Puzzles 2:00p Baking w/Manny 3:00p Trivia 4:00p Activity Stations 6:00p Chair Stretches w/ care	9:00a Indoor Walking (WC) 21 9:30a Chair Exercise (AR) 1:30p Hymn Songs w/ Gordon(B) 3:00p Happy Hour (AR) 4:00p Activity Stations 6:00p Soundscapes w/ Staff	9:30p Rocky Mt. Church Service 9:30p Chair Exercise 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations	22
9:00a Devotional Readings 23 (WC) 10:00a Gospel Hymns (WC) 10:30a Rosary Prayer Team 2:00p Bingo (WC) 3:00p Activity Stations (WC) 6:00p Reminiscing w/Care	9:00a Morning Walk (WC) 24 9:30a Reminisce w/ Manny (WC) 10:30a Guys and Coffee (B) 1:30p Garden of the God Drive 6:00p Crafting w/ Care Staff	9:00a Indoor/Outdoor 25 Walking 9:30a Reminiscing w/ Manny 10:00a Bible Study w/ Evie 2:00p Bingo (AR) 6:00p Evening Stroll w/ Care	9:30a Chair Stretching 26 10:00a Reminisce 10:30a Catholic Communion 12:30p Reading Corner 3:30p Happy Hour/Social (B) 5:30pm Evening Movie	9:00a Chair Tai Chi 27 10:30a Morning Bingo (AR) 11:30a Gratitude Moment 1:00p Puzzles 2:00p Baking w/Manny 3:00p Trivia 4:00p Activity Stations 6:00p Canada Street Care	9:00a Indoor Walking (WC) 28 9:30a Chair Exercise (AR) 1:00p Puzzles 3:00p Happy Hour (B) 6:00p Soundscapes w/ Staff	9:30p Rocky Mt. Church Service 9:30p Chair Exercise 11:30a Lunch 1:30p Afternoon Movies 3:00p Crafting/Puzzles 6:00p Activity Stations	29

B- Bistro

L- Lobby

FR- Fitness Room DR- Dining Room

WC-Willow Creek