

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <h2>Assisted Living</h2>				9:00a Morning Walk 1 <b>10:30a Morning Bingo (B)</b> 9:30a Chair Exercise (AR) <b>1:00p Calendar Q &amp; A Talk w/ Sharon (AR)</b> 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR) New Year's Day	9:00a Indoor/Outdoor 2 Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) <b>2:00p Vet-to-Vet Cafe (B)</b> 2:00p Trivia/Games (AR) 3:00p Happy Hour (B) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 3 Walking 9:30a Chair Exercise (WC) <b>9:30a Church w/ Rocky Mountain (AR)</b> 1:30p Movie & Popcorn(AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)
9:00a Devotions (WC) 4 9:30a Gospel Hymns (WC) <b>10:00a Catholic Mass(WC)</b> 1:00p Cards w/ Friends (B) <b>2:00p Bingo (B)</b> 6:00p Evening Movie (AR)	9:00a Morning Walk 5 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) <b>1:30p Walmart Shopping Trip</b> 3:30p Cranium Crunches (AR) 6:00p Evening Movie (AR)	9:00a Morning Walk 6 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) <b>2:00p Bingo (AR)</b> <b>3:00p Rick Taylor (B)</b> 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 7 Walking 9:30a Self Led Exercise (FR) <b>10:30a Catholic Communion w/ Deacon Larry (B)</b> 1:30p Crafts w/Sharon (WC) 2:00p Chef Demo (B) 3:00p Leisure Games (AR) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor 8 Walking <b>10:30a Morning Bingo (B)</b> 9:30a Chair Exercise (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor 9 Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Happy Hour (L) <b>3:00p Lone Wolf (B)</b> 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 10 Walking 9:30a Chair Exercise (WC) <b>9:30a Church w/ Rocky Mountain (AR)</b> 1:30p Movie & Popcorn(AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)
9:00a Devotions (WC) 11 9:30a Gospel Hymns (WC) <b>10:00a Catholic Mass(WC)</b> 1:00p Cards w/ Friends (B) <b>2:00p Bingo (B)</b> 6:00p Evening Movie (AR)	9:00a Morning Walk 12 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) 1:30p Trivia/ Games (WC) 3:00p Leisure Games (R) 6:00p Evening Movie (AR)	9:00a Morning Walk 13 Indoor/Outdoor 9:30a Chair Exercise (AR) <b>10:00a Resident Council (AR)</b> 11:00a Flower Arranging <b>1:30p George Whitesell(B)</b> <b>2:30p Bingo (AR)</b> <b>2:30p Support Group (PDR)</b> <b>4:00p Family Council (AR/Zoom)</b> 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 14 Walking 9:30a Self Led Exercise (FR) <b>10:30a Catholic Communion w/ Deacon Larry (B)</b> 1:30p Crafts w/Manny (WC) 2:00p Trivia/Games (WC) 3:00p Social Hour (WC) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor 15 Walking <b>10:30a Morning Bingo (B)</b> 9:30a Chair Exercise (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor 16 Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) <b>1:30p Hymn Songs w/ Gordon (B)</b> 3:00p Happy Hour (L) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 17 Walking 9:30a Chair Exercise (WC) <b>9:30a Church w/ Rocky Mountain (AR)</b> 1:30p Movie & Popcorn(AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)
9:00a Devotions (WC) 18 9:30a Gospel Hymns (WC) <b>10:00a Catholic Mass(WC)</b> 1:00p Cards w/ Friends (B) <b>2:00p Bingo (B)</b> 6:00p Evening Movie (AR)	9:00a Morning Walk 19 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise 11:00a Lunch at Fargos Pizza 2:00p History/Facts of Martin Luther King Jr (AR) 3:00p Cranium Crunches (AR) 6:00p Evening Movie (AR) Martin Luther King Jr. Day	9:00a Morning Walk 20 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) <b>2:00p Bingo (AR)</b> <b>3:00p Skip Moore (B)</b> 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 21 Walking 9:30a Self Led Exercise (FR) <b>10:30a Catholic Communion w/ Deacon Larry (B)</b> 1:30p Trivia/Games (WC) <b>2:00p Chef Demo (WC)</b> 3:00p Leisure Games (AR) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor 22 Walking <b>10:30a Morning Bingo (B)</b> 9:30a Chair Exercise (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor 23 Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Trivia/Games (AR) 3:00p Happy Hour (L) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 24 Walking 9:30a Chair Exercise (WC) <b>9:30a Church w/ Rocky Mountain (AR)</b> 1:30p Movie & Popcorn(AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)
9:00a Devotions (WC) 25 9:30a Gospel Hymns (WC) <b>10:00a Catholic Mass(WC)</b> 1:00p Cards w/ Friends (B) <b>2:00p Bingo (B)</b> 6:00p Evening Movie (AR)	9:00a Morning Walk 26 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) 1:30p Scenic Drive/Prospect Lake 3:00p Cranium Crunches (L) 6:00p Evening Movie (AR) Australia Day (Observed)	9:00a Morning Walk 27 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 11:00a Flower Arranging (AR) 1:30p Trivia Games <b>2:00p Bingo (AR)</b> 3:00p Funny Stories (L) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 28 Walking 9:30a Self Led Exercise (FR) <b>10:30a Catholic Communion w/ Deacon Larry (B)</b> 1:30p Crafts w/Manny (WC) 2:00p Trivia/Games (WC) 3:00p Social Hour (WC) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor 29 Walking <b>10:30a Morning Bingo (B)</b> 9:30a Chair Exercise (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor 30 Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Trivia/Games (AR) 3:00p Happy Hour (L) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor 31 Walking 9:30a Chair Exercise (WC) <b>9:30a Church w/ Rocky Mountain (AR)</b> 1:30p Movie & Popcorn(AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)