

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026						
Assisted Living						
 9:00a Devotions (WC) 9:30a Gospel Hymns (WC) 10:00a Catholic Mass (WC) 1:00p Cards w/ Friends (B) 2:00p Bingo (B) 6:00p Evening Movie (AR)	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) 1:30p Walmart Shopping Trip 3:30p Cranium Crunches (AR) 6:00p Evening Movie (AR)	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Bingo (AR) 3:00p Rick Taylor (B) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 1:00p Calendar Q & A Talk w/ Sharon (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR) New Year's Day	9:00a Morning Walk 10:30a Morning Bingo (B) 9:30a Chair Exercise (AR) 1:00p Calendar Q & A Talk w/ Sharon (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Vet-to-Vet Cafe (B) 2:00p Trivia/Games (AR) 3:00p Happy Hour (B) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (WC) 9:30a Church w/ Rocky Mountain (AR) 1:30p Movie & Popcorn (AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)
9:00a Devotions (WC) 9:30a Gospel Hymns (WC) 10:00a Catholic Mass (WC) 1:00p Cards w/ Friends (B) 2:00p Bingo (B) 6:00p Evening Movie (AR)	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) 1:30p Trivia/ Games (WC) 3:00p Leisure Games (R) 6:00p Evening Movie (AR)	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Resident Council (AR) 11:00a Flower Arranging 1:30p George Whitesell (B) 2:30p Bingo (AR) 2:30p Support Group (PDR) 4:00p Family Council (AR/Zoom) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Self Led Exercise (FR) 10:30a Catholic Communion w/ Deacon Larry (B) 1:30p Crafts w/Sharon (WC) 2:00p Chef Demo (B) 3:00p Leisure Games (AR) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:30a Morning Bingo (B) 9:30a Chair Exercise (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Happy Hour (L) 3:00p Lone Wolf (B) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (WC) 9:30a Church w/ Rocky Mountain (AR) 1:30p Movie & Popcorn (AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)
9:00a Devotions (WC) 9:30a Gospel Hymns (WC) 10:00a Catholic Mass (WC) 1:00p Cards w/ Friends (B) 2:00p Bingo (B) 6:00p Evening Movie (AR)	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) 1:30p Trivia/ Games (WC) 3:00p Leisure Games (R) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:30a Resident Council (AR) 11:00a Flower Arranging 1:30p George Whitesell (B) 2:30p Bingo (AR) 2:30p Support Group (PDR) 4:00p Family Council (AR/Zoom) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Self Led Exercise (FR) 10:30a Catholic Communion w/ Deacon Larry (B) 1:30p Crafts w/Manny (WC) 2:00p Trivia/Games (WC) 3:00p Social Hour (WC) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:30a Morning Bingo (B) 9:30a Chair Exercise (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 1:30p Hymn Songs w/ Gordon (B) 3:00p Happy Hour (L) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (WC) 9:30a Church w/ Rocky Mountain (AR) 1:30p Movie & Popcorn (AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)
9:00a Devotions (WC) 9:30a Gospel Hymns (WC) 10:00a Catholic Mass (WC) 1:00p Cards w/ Friends (B) 2:00p Bingo (B) 6:00p Evening Movie (AR)	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) 11:00a Lunch at Fargos Pizza 2:00p History/Facts of Martin Luther King Jr (AR) 3:00p Cranium Crunches (AR) 6:00p Evening Movie (AR) Martin Luther King Jr. Day	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Bingo (AR) 3:00p Skip Moore (B) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Self Led Exercise (FR) 10:30a Catholic Communion w/ Deacon Larry (B) 1:30p Trivia/Games (WC) 2:00p Chef Demo (WC) 3:00p Leisure Games (AR) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:30a Morning Bingo (B) 9:30a Chair Exercise (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Trivia/Games (AR) 3:00p Happy Hour (L) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (WC) 9:30a Church w/ Rocky Mountain (AR) 1:30p Movie & Popcorn (AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)
9:00a Devotions (WC) 9:30a Gospel Hymns (WC) 10:00a Catholic Mass (WC) 1:00p Cards w/ Friends (B) 2:00p Bingo (B) 6:00p Evening Movie (AR)	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) 1:30p Scenic Drive/Prospect Lake 3:00p Cranium Crunches (L) 6:00p Evening Movie (AR) Australia Day (Observed)	9:00a Morning Walk Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 11:00a Flower Arranging (AR) 1:30p Trivia Games 2:00p Bingo (AR) 3:00p Funny Stories (L) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Self Led Exercise (FR) 10:30a Catholic Communion w/ Deacon Larry (B) 1:30p Crafts w/Manny (WC) 2:00p Trivia/Games (WC) 3:00p Social Hour (WC) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:30a Morning Bingo (B) 9:30a Chair Exercise (AR) 1:30p Afternoon Movie (AR) 2:00p Leisure Games (B) 6:00p Evening Movies (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (AR) 10:00a Intermediate (AR) 2:00p Trivia/Games (AR) 3:00p Happy Hour (L) 6:00p Evening Movie (AR)	9:00a Indoor/Outdoor Walking 9:30a Chair Exercise (WC) 9:30a Church w/ Rocky Mountain (AR) 1:30p Movie & Popcorn (AR) 2:30p Leisure Games (B) 6:00p Evening Movie (AR)