

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	<h1>January 2026</h1> <h2>Memory Support</h2>								
9:00a Devotional Reading (WC) 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (WC) 3:00p Activity Stations 6:00p Reminiscing w/ Carestaff	9:00a Morning Walk 5 9:30a Reminiscing w/ Manny (WC) 10:30a Guys and Coffee (WC) 1:30p Walmart Shopping 3:30p Cranium Crunches (AR) 6:00p Crafting w/ Carestaff	9:00a Chair Thai Chi (WC) 9:30a Reminiscing w/ Manny (WC) 10:00a Bible Study w/ Evie (WC) 2:00p Bingo (AR) 3:00p Music w/ Rick Taylor 6:00p Evening Stroll w/ Carestaff	9:00a Chair Stretching 7 10:00 Reminiscing w/ Manny 10:30a Catholic Communion 1:30p Crafts w/ Manny 2:00p Trivia (B) 3:00p Social Hour (WC) 5:30p Evening Movie w/ Carestaff	9:00a Chair Thai Chi 10:30a Morning Bingo 1:00p Puzzles 1:30p Afternoon Movie (AR/LR) 2:00p Baking w/ Manny 3:00p Trivia 6:00p Chair Stretches w/ Carestaff	1 New Year's Day	9:00a Morning Walk 9:30a Chair Exercise (AR) 1:00p Puzzles 2:00p Vet to Vet Cafe 2:00p Trivia/Games (AR) 3:00p Happy Hour (B) 6:00p Soundscapes w/ Carestaff	2	9:00a Morning Walk 9:30a Chair Exercise 9:30a Church w/ Rocky Mountain Calvary 11:30a Lunch 1:30p Afternoon Movie 3:30p Crafting w/ Carestaff 6:00p Activity Stations	3
9:00a Devotional Reading (WC) 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (WC) 3:00p Activity Stations 6:00p Reminiscing w/ Carestaff	9:00a Morning Walk 12 9:30a Reminiscing w/ Manny (WC) 10:30a Guys and Coffee (WC) 1:30p Trivia/Games (WC) 3:30p Leisure Games (WC) 6:00p Crafting w/ Carestaff	9:00a Chair Thai Chi (WC) 9:30a Reminiscing w/ Manny (WC) 10:00a Bible Study w/ Evie 1:30p Music w/ George 2:00p Bingo (AR) 4:00p Family Council (AR/Zoom) 6:00p Evening Stroll w/ Carestaff	9:00a Chair Stretching 14 10:00 Reminiscing w/ Manny 10:30a Catholic Communion 1:30p Crafts w/ Manny 2:00p Trivia/Games (WC) 3:00p Social Hour (WC) 5:30p Evening Movie w/ Carestaff	9:00a Chair Thai Chi 10:30a Morning Bingo 1:00p Puzzles 1:30p Afternoon Movie (AR/LR) 2:00p Baking w/ Manny 3:00p Trivia 6:00p Chair Stretches w/ Carestaff	8	9:00a Morning Walk 9:30a Chair Exercise (AR) 1:00p Puzzles 2:00p Happy Hour (L) 3:00p Music w/ Lone Wolf (B) 6:00p Soundscapes w/ Carestaff	9	9:00a Morning Walk 9:30a Chair Exercise 9:30a Church w/ Rocky Mountain Calvary 11:30a Lunch 1:30p Afternoon Movie 3:30p Crafting w/ Carestaff 6:00p Activity Stations	10
9:00a Devotional Reading (WC) 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (WC) 3:00p Activity Stations 6:00p Reminiscing w/ Carestaff	9:00a Morning Walk 18 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise 11:00a Lunch at Fargos Pizza 2:00p History/Facts of Martin Luther King Jr (AR) 3:00p Cranium Crunches (AR) 6:00p Evening Movie (AR)	9:00a Chair Thai Chi (WC) 9:30a Reminiscing w/ Manny (WC) 10:00a Bible Study w/ Evie 2:00p Bingo (AR) 3:00p Skip Moore (B) 6:30p Evening Stroll w/ Carestaff	9:00a Chair Stretching 21 10:00 Reminiscing w/ Manny 10:30a Catholic Communion 1:30p Crafts w/ Manny 2:00p Cooking Demo w/ Nick (WC) 3:00p Social Hour (WC) 5:30p Evening Movie w/ Carestaff	9:00a Chair Thai Chi 10:30a Morning Bingo 1:00p Puzzles 1:30p Afternoon Movie (AR/LR) 2:00p Baking w/ Manny 3:00p Trivia 6:00p Chair Stretches w/ Carestaff	15	9:00a Morning Walk 9:30a Chair Exercise (AR) 1:00p Puzzles 1:30p Hymn Songs w/ Gordon (AR) 3:00p Happy Hour 6:00p Soundscapes w/ Carestaff	16	9:00a Morning Walk 9:30a Chair Exercise 9:30a Church w/ Rocky Mountain Calvary 11:30a Lunch 1:30p Afternoon Movie 3:30p Crafting w/ Carestaff 6:00p Activity Stations	17
9:00a Devotional Reading (WC) 10:00a Gospel Hymns (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (WC) 3:00p Activity Stations 6:00p Reminiscing w/ Carestaff	9:00a Morning Walk 25 Indoor/Outdoor 9:30a Chair Exercise (AR) 10:00a Intermediate Exercise (AR) 1:30p Scenic Drive/Prospect Lake 3:00p Cranium Crunches (L) 6:00p Evening Movie (AR)	9:00a Chair Thai Chi (WC) 9:30a Reminiscing w/ Manny (WC) 10:00a Bible Study w/ Evie (WC) 2:00p Bingo (AR) 3:00p Trivia/Games (WC) 6:00p Evening Stroll w/ Carestaff	9:00a Chair Stretching 28 10:00 Reminiscing w/ Manny 10:30a Catholic Communion 1:30p Crafts w/ Manny 2:00p Trivia/Games (WC) 3:00p Social Hour (WC) 5:30p Evening Movie w/ Carestaff	9:00a Chair Thai Chi 10:30a Morning Bingo 1:00p Puzzles 1:30p Afternoon Movie (AR/LR) 2:00p Baking w/ Manny 3:00p Trivia 6:00p Chair Stretches w/ Carestaff	29	9:00a Morning Walk 9:30a Chair Exercise (AR) 1:00p Puzzles 2:00p Trivia/Games (AR) 3:00p Happy Hour (B) 6:00p Soundscapes w/ Carestaff	30	9:00a Morning Walk 9:30a Chair Exercise 9:30a Church w/ Rocky Mountain Calvary 11:30a Lunch 1:30p Afternoon Movie 3:30p Crafting w/ Carestaff 6:00p Activity Stations	31