Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00a Morning Walk 9:30a Reminiscing w/ Manny (WC) 10:00a Devotions (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (MPR) 3:30p Trivia (AR) 6:00p Reminiscing w/ Care Daylight Saving Time Ends	2 9:00a Morning Walk 9:30a Reminiscing w/ Manny 10:30a Coffee & Chronicles 1:00p Walmart Shopping 1:30p Leisure Games 6:00p Crafting w/ Care Partners	3 9:00a Chair Thai Chi (WC) 9:30a Reminiscing w Manny 10:30a Bible Study w/Evie 1:30p Bookmobile (CP) 2:00p Bingo (AR) 3:00p Music w/Rick Taylor 6:00p Evening Stroll w/ Care Partner	4 9:00a Chair Stretching 10:00 Reminiscing w/ Manny 1:00p Crafts w/ Manny 3:00p Social Hour (WC) 6:00p Evening Movie w/ Care Partners	5 9:00a Morning Walk Group 9:30a Chair Exercise (MPR) 10:30a Bingo (WC) 2:00p Trivia 2:00p Puzzles w/ Friends (WC) 6:00p Evening Movies (MPR)	6 9:00a Morning Walk 9:00a Communion w/ Cindy 9:30a Chair Exercise (MPR) 1:00p Puzzles/Games (MPR) 2:00p Nacho Bar w/ Jukebox Music & Trivia (Lobby) 3:00p Happy Hour (HDR) 6:00p Soundscapes w/ Care Partners (WC)	7 9:00a Morning Walk 9:30a Chair Exercise 9:30a Church w/ Rocky Mountain Calvary 1:30p Afternoon Movie 3:30p Puzzles & Crafts 6:00p Activity Stations w/ Care Partners
8 9:00a Morning Walk 9:30a Reminiscing w/ Manny (WC) 10:00a Devotions (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (MPR) 3:30p Trivia (AR) 6:00p Reminiscing w/ Care Diwali (Hindi)	9 9:00a Morning Walk Group 9:30a Chair Exercise (MPR) 10:00a Intermediate Exercise 11:00a Lunch @ Black Bear Diner 1:30p Afternoon Movie (MPR) 2:00p Puzzles & Friends 6:00p Evening Movie (MPR)	10 9:00a Chair Thai Chi (WC) 9:30a Reminiscing w/ Manny 10:00a Coffee & Chronicles 10:30a Bible Study w/ Evie 2:00p Bingo (WC) 3:00p Leisure Games (WC) 6:00p Evening Stroll w/ Care Partner	11 9:00a Chair Stretching 10:00 Reminiscing w/ Manny 1:00p Crafts w/ Manny 3:00p Veteran Ceremony at Sunny Vista Living Center 6:00p Evening Movie w/ Care Partners Veterans Day Remembrance Day (Canada)	12 9:00a Morning Walk Group 9:30a Chair Exercise (MPR) 10:30a Bingo (WC) 2:00p Trivia 2:00p Puzzles w/ Friends (WC) 6:00p Evening Movies (MPR)	13 9:00a Morning Walk 9:00a Communion w/ Cindy 9:30a Chair Exercise (MPR) 1:00p Puzzles/Games (WC) 2:00p Happy Hour (MPR) 3:00p Music w/ Lone Wolf (MPR) 6:00p Soundscapes w/ Care Partners	14 9:00a Morning Walk 9:30a Chair Exercise 9:30a Church w/ Rocky Mountain Calvary 1:30p Afternoon Movie 3:30p Puzzles & Crafts 6:00p Activity Stations w/ Care Partners
15 9:00a Morning Walk 9:30a Reminiscing w/ Manny (WC) 10:00a Devotions (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (MPR) 3:30p Trivia (AR) 6:00p Reminiscing w/ Care	16 9:00a Morning Walk Group 9:30a Chair Exercise (MPR) 10:00a Reminiscing w/Manny 1:00p Arc Thrift Store Trip 1:30p Afternoon Movie (MPR) 2:00p Puzzles & Friends 6:00p Evening Movie (MPR)	17 9:00a Chair Thai Chi (WC) 9:30a Reminiscing w Manny (WC) 10:00a Coffee & Chronicles 10:30a Bible Study w/ Evie 1:30p Bookmobile (CP) 2:00p Bingo (WC) 3:00p Music w/ Skip (MPR) 6:30p Evening Stroll w/ Care	18 9:00a Chair Stretching 10:00 Reminiscing w/ Manny 1:00p Crafts w/ Manny 3:00p Social Hour (WC) 6:00p Evening Movie w/ Care Partners	19 9:00a Morning Walk Group 9:30a Chair Exercise (MPR) 10:30a Bingo (WC) 2:00p Trivia 2:00p Puzzles w/ Friends (WC) 6:00p Evening Movies (MPR)	20 9:00a Morning Walk 9:00a Communion w/ Cindy 9:30a Chair Exercise (AR) 1:00p Puzzles/Games (WC) 1:30p Hymn Songs w/ Gordon (HBD) 3:00p Happy Hour & Uno (HBD) 6:00p Soundscapes w/ Care Partners	21 9:00a Morning Walk 9:30a Chair Exercise 9:30a Church w/ Rocky Mountain Calvary 1:30p Afternoon Movie 3:30p Puzzles & Crafts 6:00p Activity Stations w/ Care Partners
22 9:00a Morning Walk 9:30a Reminiscing w/ Manny (WC) 10:00a Devotions (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (MPR) 3:30p Trivia (AR) 6:00p Reminiscing w/ Care	23 9:00a Morning Walk Group 9:30a Chair Exercise (MPR) 10:00a Reminiscing w/Manny 1:00p Broadmoor Scenic Drive 1:30p Afternoon Movie (MPR) 2:00p Puzzles & Friends 6:00p Evening Movie (MPR)	24 9:00a Chair Thai Chi (WC) 9:30a Reminiscing w Manny (WC) 10:00a Bible Study w/ Evie 10:00a Exercise w/ Pikes Peak Palliative Instructor (MPR) 1:30p Food Forum (WC) 4:00p Retreat Family Thanksgiving Dinner 6:30p Evening Stroll w/ Care	25 9:00a Chair Stretching 10:00 Reminiscing w/ Manny 1:00p Crafts w/ Manny 3:00p Social Hour (WC) 6:00p Evening Movie w/ Care Partners	26 9:00a Morning Walk Group 9:30a Chair Exercise (MPR) 10:30a Bingo (WC) 2:00p Trivia 2:00p Puzzles w/ Friends (WC) 6:00p Evening Movies (MPR) Thanksgiving Day (U.S.)	27 9:00a Morning Walk 9:00a Communion w/ Cindy 9:30a Chair Exercise 2:00p Puzzles/Games (MPR) 3:00p Happy Hour (HDR) 6:00p Soundscapes w/ Care Partners	28 9:00a Morning Walk 9:30a Chair Exercise 9:30a Church w/ Rocky Mountain Calvary 1:30p Afternoon Movie 3:30p Puzzles & Crafts 6:00p Activity Stations w/ Care Partners
29 9:00a Morning Walk 9:30a Reminiscing w/ Manny (WC) 10:00a Devotions (WC) 10:30a Virtual Mass (WC) 2:00p Bingo (MPR) 3:30p Trivia (AR) 6:00p Reminiscing w/ Care	30 9:00a Morning Walk Group 9:30a Chair Exercise (MPR) 10:00a Reminiscing w/Manny 10:00a Tour Humane Society 1:30p Afternoon Movie (MPR) 2:00p Puzzles & Friends 6:00p Evening Movie (MPR)	**MPR.** Multipurpose Room **WC.** Willow Creek **CP.** Car Port **L.** Lobby **HBD**. Hollybrook Dining Room				

November 2026

Willow Creek Neighborhood



Retreat at Sunny Vista
2450 E Cache La Poudre
719.377.6735

All activities are subject to change due weather or unforeseen health regulations. If you have any concerns, contact Manny Trujillo @ 719.377.6718 m.trujillo@sunnyvista.org